

# Pandemic Influenza and Response Planning in Tennessee

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Tennessee Pandemic Influenza Summit
April 10, 2006

### **Objectives**

- Pandemic influenza in Nashville, 1918
- Pandemic planning in Tennessee
  - Planning process
  - Preparedness progress highlights

#### 1918 Pandemic: Nashville

- 155,000 people lived in Nashville
- The local outbreak lasted from mid-September to the end of October
- The city hospital filled quickly
- A severe shortage of health care providers ruled out establishment of temporary emergency hospitals
- Many ill were cared for at home

## 1918 Pandemic: Nashville Public Health Responses

- Non-essential public gatherings were canceled by public health order on October 7
  - Included: theaters, dance halls, pool parlors, "other places of amusement"
- City schools were closed October 8
- Ministers asked not to hold worship services
- Street cars ordered to run with windows open
- No quarantine orders were issued, though most people stayed home because of fear or illness

### 1918 Pandemic: Nashville The Conclusion

- On November 1, schools and businesses reopened
- By the end of the 6-week outbreak:
  - About 40,000 had fallen ill
  - 468 people (1.2%) died (US average was >2%)
  - 41% of the dead were 20-39 years old
  - 28% of the dead were less than 10 years old
- Officials believed that identifying the ill quickly and delivering care at home improved patient outcomes

### Medical Burden in Tennessee (pop. 6 million) (HHS Plan Estimates)

Characteristic	Moderate	Severe*
Illness (30%)	1.8 million	1.8 million
<b>Outpatient Care</b>	900,000	900,000
Hospitalization	17,300	198,000
ICU Care	2,575	29,700
Mechanical Ventilation	1,300	14,850
Deaths	4,180 (0.2%)	38,060 (2%)

<sup>\*</sup>HHS recommends that states plan for severe scenario
April 10, 2006

### Tennessee Pandemic Planning

- Tennessee pandemic response plan first published 1999
- Comprehensive revision is underway to reflect the new federal guidelines issued November 2005
- The new state plan will become a component of the Tennessee Emergency Management Plan (TEMP)

### **Tennessee Pandemic Planning**

- Pandemic planning committee of ~50 members from government and non-governmental representatives of potentially affected sectors
- Initial meeting December 12, 2005
- Working groups and subcommittees developed and reviewed preliminary drafts
- Full committee review morning of April 10
- Plan to be finalized and released in coming weeks

### **Tennessee Pandemic Planning**

- Regional health departments will follow with local plans
- Collaboration with healthcare, schools, and community leaders is integral at all planning levels
- Pandemic plans will be revised regularly to reflect new resources and new knowledge

### State Preparedness Highlights: Laboratory and Surveillance

- The state public health laboratory can test human specimens for novel influenza viruses, including H5N1
- Expansion of the "sentinel provider network," which tracks the percentage of patients with flu-like illness seen in certain clinics each week:
  - Better representation of whole state
  - Year-round monitoring

## State Preparedness Highlights: Healthcare Planning

- Representatives of hospitals and healthcare provider organizations are collaborating on plan development
- Most hospitals have already identified a Pandemic Flu Coordinator to work with the Department for preparation and response
- Additional hospital and nursing home planning meetings to occur in coming months

## State Preparedness Highlights: Community Social Distancing (1)

- Social distancing interventions are expected to be used to slow the spread of a pandemic virus (as in 1918)
- School, business and faith representatives are working with the state to plan for these interventions

## State Preparedness Highlights: Community Social Distancing (2)

#### Interventions may include:

- Closure of schools (preK-12) and child care facilities during local outbreaks
- Cancellation of discretionary public gatherings; for example:
  - Closure of some businesses
  - Suspension of large congregate worship services
- Recommended changes in business practices to minimize the spread of the virus in the workplace

#### **Conclusions**

- Tennessee has risen to this challenge before
- State public health planning is well underway
- The impact of a future pandemic will depend upon how we prepare ourselves at every level:
  - Family
  - Business
  - Education
  - Healthcare
  - Community